At the 1964 Tokyo Olympics, swimmers Susan Pitt and Ginny Duenkel swam for the US national team. Pitt, hailing from Highland Park, swam in the preliminary heats of the women's 4 by 100 medley relay, which the US women's team went on to win the gold in. Duenkel, a West Orange native, took bronze in the 100-meter backstroke and won the gold medal in the 400-meter freestyle. The common thread between these two women is that both trained at the Summit YMCA under then swimming Coach Frank Elm. In fact, during her time as a member of the Summit YMCA team, Pitt set the then world record in the 200-meter butterfly as a mere 15-year-old.

Coach Elm, beyond his long-term tenure as the head coach of the Summit YMCA swimming team, also was the head swimming coach at Rutgers University. Including Pitt and Duenkel, Coach Elm saw 7 of his swimmers reach the sports' biggest stage; the Olympics. So, interestingly enough, the Summit YMCA, just down the road from here, was once a swimming powerhouse that churned out multiple Olympic-caliber athletes. Today, Elm, Pitt, & Duenkel's success is carried on by the YMCA's Summit Seals.